

## MONDAYS

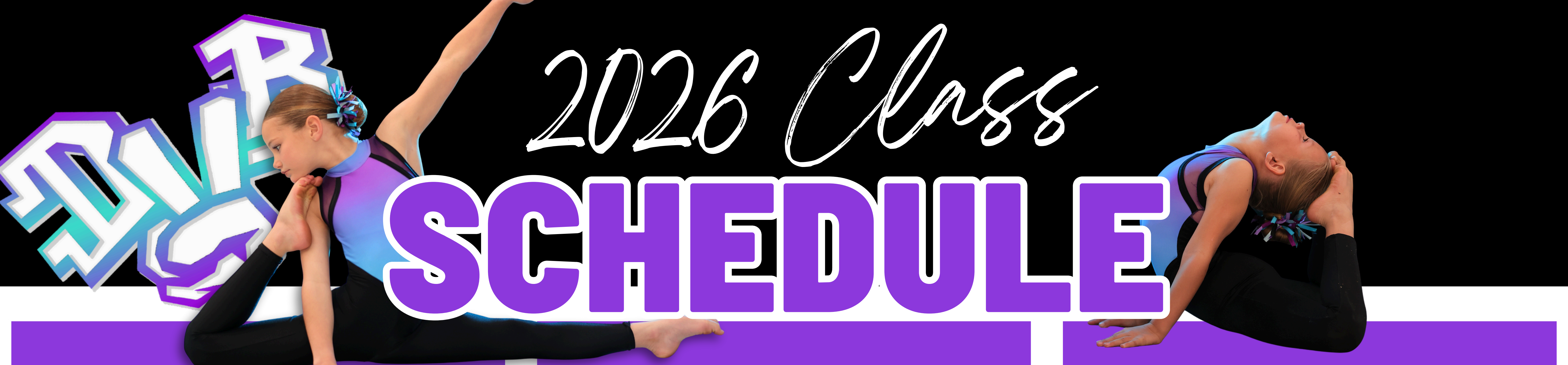
## TUESDAYS

## WEDNESDAY

Time	Class
13:30-14:00	Baby Bunch (3-4yrs)
14:00-14:45	Mini-Medals Bronze
14:45-15:30	Mini-Medals Gold
15:30-16:15	Aerial Hoop Beginners
16:15-17:00	Aerial Hoop Advanced
17:15-18:00	Jazz Level 3 (12 & under)
18:00-18:45	Contemporary Level 2
18:45-19:30	Jazz Level 5

Time	Class
13:30-14:00	Tiny Tribe Tumbling
14:00-14:45	Acro Primary
14:45-15:30	Acro Level 1
15:30-16:15	Acro Level 2 & 3
16:15-17:00	Tumbling Beginners/Intermediate
17:00-17:45	Acro Level 4,5 & 6
17:45-18:30	Tumbling Intermediate/Advance
18:30-19:30	Advance Acro Level 7+

Time	Class
13:45- 14:30	Mini-Medals Silver
14:30-15:15	Ballet Grade 3
15:15-16:00	Lyrical Bridge (7+yrs)
16:00-16:45	Jazz Level 1 (7+yrs)
16:45-17:30	Lyrical Bridge Phase 3
17:30-18:15	Intermediate Jazz (13+yrs)
18:15-19:00	Senior Advance Contemp
19:00-19:45	Senior Advance Jazz



# 2026 Class

# SCHEDULE

## THURSDAY

Time	Class
13:30- 14:00	Baby Bunch (3-4yrs)
14:00-14:30	Mini Medals HipHop (5-7yrs)
14:30-15:15	Boys Class (all ages)
15:15-16:00	Hip-Hop Level 1 (7-9yrs)
16:00-16:45	Hip-Hop Level 2 (7-10yrs)
16:45-17:30	Hip-Hop Level 5 (9-12yrs)
17:30-18:15	Hip-Hop Level 7 (13-16yrs)
18:15-19:15	Senior Elite Crew

## FRIDAYS

Time	Class
12:00-14:00	ADPA Teachers
14:00-14:45	Senior Ballet
14:45-15:45	ASSA Level 7- Adv Elite
15:30-16:30	ASSA Level 3-4
16:15-17:15	ASSA Level 5-7
17:15 -18:00	ELITE DANCE GROUP EVERY 2 <sup>ND</sup> WEEK

Elite practices will be communicated in our groups. The schedule will change after ASSA Nationals

## SATURDAY

Time	Class
8:00-9:00	PVT CLASS
9:00-10:00	PVT CLASS
10:00-11:00	PVT CLASS
11:00-12:00	PVT CLASS
12:00-13:00	PVT CLASS

Private Classes are by booking only at an additional rate of R550 per hour